

Green Beans with Almonds
30 - Four Person Meals

PRINT *Enlarged Assembly Directions on pages 2 & 3*

Green Beans Food Items Shopping List:

- 6 - 5 lb. bags frozen Green beans or 30 - 16 oz. bags frozen Green Beans (we use the whole style green beans instead of the cut green beans)
- 8 cups Sliced Almonds
- 30 tsp. (About $\frac{3}{4}$ cup) Season Salt

Green Bean Packaging Items Shopping List:

- 30 - 1 quart Ziploc Freezer Bags (have more on hand)
- 30 – snack size Ziploc bags for Season Salt & Almonds (have more on hand)
- Labels: 3 sheets of 10 per page for a total of 30 Green Beans with Almonds Labels (have more on hand)

Green Bean Cooking Utensils Needed:

Preparation:

- Large Bowl for green beans
- Medium Bowl for almonds

Assembly:

- 1 cup Measuring cup to measure beans
- $\frac{1}{4}$ cup measuring cup for almonds
- 1 tsp. measuring spoon for season salt

Green Beans Prep:

1. Empty green beans into a large bowl
2. Place almonds in a bowl

Green Bean Assembly:

1. Apply Green Beans with Almonds Label to bag.
2. Add 1/4 cup Almonds to each snack size Ziploc bag.
3. Add 1 tsp. Season Salt to each snack size Ziploc bag.
4. Place snack size Ziploc into quart Ziploc bag with beans.
5. Place about 4 cups (fill full) of beans in each quart bag.
6. Squeeze out air from bag and Seal bag.

Green Beans

1. Apply Green Beans with Almonds Label to bag.

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2. Add 1/4 cup Almonds to each snack size Ziploc bag.

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3. Add 1 tsp. Season Salt to each snack size Ziploc bag.

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4. Place snack size Ziploc into quart Ziploc bag.



5. Place about 4 cups of beans in each quart bag, fill full.



6. Squeeze out air from bag and seal bag.

