

Green Beans with Almonds
20 - Four Person Meals

PRINT *Enlarged Assembly Directions on pages 3 & 4*

Green Beans Food Items Shopping List:

- 4 - 5 lb. bags frozen Green beans or 20 - 16 oz. bags frozen Green Beans (we use the whole style green beans instead of the cut green beans)
- 5 cups (20 oz.) Sliced Almonds
- 20 tsp. (About ½ cup) Season Salt

Green Beans Packaging Items Shopping List:

- 20 - 1 quart Ziploc Freezer Bags (have more on hand)
- 20 – snack size Ziploc bags for Season Salt & Almonds (have more on hand)
- Labels: 2 sheets of 10 per page for a total of 20 Green Beans with Almonds Labels (have more on hand)

Green Beans Utensils Needed:

Preparation:

- Large Bowl for green beans
- Medium Bowl for almonds

Assembly:

- 1 cup Measuring cup to measure beans
- ¼ cup measuring cup for almonds
- 1 tsp. measuring spoon for season salt

Green Beans Prep:

1. Empty green beans into a large bowl
2. Place almonds in a medium bowl

Green Bean Assembly:

1. Apply Green Beans with Almonds Label to bag.
2. Add 1/4 cup Almonds to each snack size Ziploc bag.
3. Add 1 tsp. Season Salt to each snack size Ziploc bag.
4. Place snack size Ziploc into quart Ziploc bag with beans.
5. Place about 4 cups (fill full) of beans in each quart bag.
6. Squeeze out air from bag and Seal bag.

Green Beans

1. Apply Green Beans with Almonds Label to bag.

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2. Add 1/4 cup Almonds to each snack size Ziploc bag.

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3. Add 1 tsp. Season Salt to each snack size Ziploc bag.

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4. Place snack size Ziploc into quart Ziploc bag

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5. Place about 4 cups of beans in each quart bag, fill full.

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6. Squeeze out air from bag and seal bag

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