

**Ham**  
**30 - Four Person Meals**

**PRINT** *Enlarged Assembly Directions on page 3 and  
Other Meal Recipes, Assembly Directions, Assembly Layouts*

**Ham Food Items Shopping List:**

- 50+ lbs. boneless ham - 30 x 1.5 lbs. per metal pan = 45 lbs. May have some waste so buy 50+ lbs. of total ham (Can buy early. Don't un-wrap ham. Take back to butcher day before cook session & have it pre-sliced for free. Ask for spiral sliced thickness.)

**Ham Packaging Items Shopping List:**

- 30 foil pans with lids (have more on hand)
- 30 Jumbo 2 gallon Zip lock bags - for meals (have more one hand)
- Labels - 3 sheets of 10 per page for a total of 30 Ham Labels (have more on hand)
- Labels - 3 sheets of 10 per page for a total of 30 Meal Labels (have more on hand)
- 30 Prayer Cards (have more on hand)
- 30 Reply Cards (have more on hand)

**Ham Utensils Needed:**

***Preparation:***

- Good knife if slicing ham

***Assembly:***

- Scale
- Disinfecting Wipes
- Disposable Gloves
- Tape
- Scissors

**Ham Kitchen Prep:**

1. Slice ham unless having butcher at grocery store pre-slicing it.
2. Un-wrap pre-sliced ham and place on large platter or in large bowl for weighing to put in pans.

**Ham Assembly:**

1. Weigh 1.5 lbs. ham
2. Place 1.5 lbs. ham in each pan
3. Add lid making sure edges of pan are clean
4. Apply Ham Label

# Ham

1. Weigh out 1.5 lbs. of ham

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2. Place 1.5 lbs. in each pan

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3. Add lid making sure edges of pan are clean

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4. Apply Ham Label

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