

**Peas**  
**20 - Four Person Meals**

**PRINT** *Enlarged Assembly Directions if using big bags of Peas page 2*

**Peas Food Items Shopping List:**

- 20 lbs. of frozen Peas or buy 20 one lb. bags of frozen Peas

**Peas Packaging Items Shopping List:**

The below packaging is only required if purchasing big bags of Peas.

- 20 quart bags
- Labels: 2 sheets of 10 per page for a total of 20 Peas Labels (have more on hand)

**Peas Utensils Needed:**

The below cooking utensils are only needed if purchasing big bags of Peas.

- 1 cup measurer
- Large Mixing Bowl

**Peas Kitchen Prep:**

The below prep is only needed if purchasing big bags of Peas.

- Empty Peas bags into large mixing

**Peas Assembly:**

The below assembly is only needed if using big bags of Peas.

1. Apply Peas Label to bag.
2. Put 3 cups of Peas in each quart freezer Ziploc bag
3. Squeeze out air from bag. Seal bag.

# Peas

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